



# THE LEADER

Vol. 38, No. 39

Grand Forks Air Force Base, N.D. ♦ [www.grandforks.af.mil](http://www.grandforks.af.mil)

Oct. 3, 2003

**Don't make  
us put  
these on**

**National Fire Prevention Week  
Pages 12-13**

319th Air Refueling Wing ♦ Winners of the Air Force Outstanding Unit Award (July 2000 to June 2002)

## **Inside:** Closeout barbecue

### **Weekend weather**

Today	50/37	Windy
Saturday	48/31	Partly Cloudy
Sunday	50/26	Partly Cloudy
Monday	57/32	Partly Cloudy



Weather information courtesy  
319th Operations Support Squadron weather flight

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## **18th AF activates**

**Page 5**



## **Varsity soccer wins season opener**

**Page 17**





# Fighters of different kind: Tanker pilots talk of plane's importance to the mission

By Staff Sgt. Scott T. Sturkol  
United States Central Air Forces-Forward  
Public Affairs

**SOUTHWEST ASIA** - For many people who fly the KC-135R Stratotanker, life on the road has been constant since the terrorist attacks on Sept. 11, 2001. Many will deploy for several months out of the year, be away from their families, and see things others will only read about in history books.

That life continues with pilots here in the 340th Expeditionary Air Refueling Squadron, a unit that flies combat missions for both Operation Iraqi Freedom and Enduring Freedom.

"I get weary sometimes being on the road so much," said Maj. Eric Brumskill, 340th EARS director of operations and KC-135R pilot. "I've been deploying since Operation Desert Shield and I, like so many, get road weary. Overall though, the deployment here has been as enjoyable as can be expected.

"Here in Southwest Asia the summer heat can be unbearable, and as the director of operations I must take a personal interest in every crew member or support staffer to ensure they are properly hydrated and nourished; or we lose force effectiveness," Brumskill said. "Many folks have issues at home stations that must be factored in to providing a good product - moving airplanes and accomplishing the mission. The balancing act between austere conditions, TDY

burnout, mission accomplishment and force sustainment can be a daunting task."

For others, being away from family is one of the toughest things to deal with.

"Being away from my wife, Jenn, is toughest," said Capt. Joel Rivard, KC-135R pilot. "She's my rock, and without her I'd be lost."

Brumskill said the missions here are the highlight of their presence in "the desert." It's something to look forward to every day they are at work.

"I signed up to serve my country and I find it an honor to serve and defend, not only our freedoms and way of life, but also to bring stability if not prosperity to others in need," Brumskill said. "The fact that we do both missions here puts us at the tip of the sword, the leading edge if you will, of the fight for freedom. We are in a unique position geographically and strategically, and to a person, we all do our best."

Rivard said he likes the fact that wherever tankers are needed, wherever the action is, they can be sent there.

"It breaks up the monotony and keeps you on your toes," he said.

Both Brumskill and Rivard are deployed from Grand Forks Air Force Base, N.D. They both say working with members from other tanker units in a deployed location has its bright spots, but the biggest thrill is being a part of something greater than themselves and part of a mission that is highly needed



Photo by Staff Sgt. Scott Sturkol

**Capt. Joel Rivard checks his gear after another refueling mission in support of Operation Enduring Freedom.**

and unique.

"We have four different bases deployed here and, except for different faces, it's pretty seamless," Rivard said. "We all come from the same schoolhouse (Altus Air Force Base, Okla.), so we're all working off the same sheet of music. There are some differences from base to base, but they're minor. Tanker folks get along very well with one another, so we all started off as friends from the beginning. I'm sure when I see these folks in the future we'll all remember the time we were deployed together."

The bottom line though is the mission. Brumskill said people have started to remember the uniqueness of the tanker's viability.

"Since 9-11, the Air Force has rediscovered what Strategic Air Command knew all along -- nobody kicks ass without tanker gas, or NKAWTG as we put it -- nobody," Brumskill said. "No jets can sustain their mission in the area of responsibility, no bombers can make it to and from the target carrying a full load without our support; and most strategic airlift can't make the trip across the pond without our gas."



## Action Line 747-4522

*The Action Line is your avenue for information about events and activities on and around the base.*

*For questions about current events or rumors, please leave a message.*

**6**

DWI-free  
Days



**Col. Mark Ramsay**  
319th Air Refueling Wing  
commander

### Editorial staff

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♦**Advertisements** -- Call the Grand Forks Herald at 701.780.1275 before noon Tuesday.



## News



*Photo by 1st Lt. Rob Lazaro*

### Base expresses thanks to area businesses

Chief Danny Holwerda, 319th Air Refueling Wing command chief, Senior Master Sgt. Tomas Tezel, 319th Operations Group first sergeant, and Chief Master Sgt. William Karasko, 319th Operations Group, thanks Dave Homstad, owner of the Blue Moose Bar and Grill, for his support of Operation Enduring Friendship through the Military Affairs Committee Golden Eagles Club. Operation Enduring Friendship is a benefit that grants active duty military, full-time Guard and Reserve members, as well as their families, free admittance to most UND sporting events and cultural arts activities in the surrounding area.



*Photo by Airman Patrice Clarke*

### End of year roast

The 319th Comptroller Squadron served pieces of roasted pig during the 3rd annual budget pig roast commemorating the end of the '03 fiscal year. All members involved in resources management were invited to the celebration.

## News Briefs



*Photo by Staff Sgt. Darcie Ibadapo*

### Newest chief

**Chief Master Sgt. Stephen Turner, 319th Communication Squadron presents a toy Jeep to newly pinned Chief Master Sgt. Ron Gallucci, 319th Mission Support Squadron during Tuesday's promotion ceremony.**

### Court martial

Senior Airman Michael F. Ball, 319th Civil Engineer Squadron, was found guilty at a Special Court Martial Sept. 24 of a one-time wrongful use of "ecstasy" in violation of Article 112a of the Uniform Code of Military Justice. He was sentenced to a Bad Conduct Discharge, confinement for four months, and reduction to the grade of E-1.

### Clinic survey

The 319th Medical Group was selected to participate in a telephone survey to obtain timely feedback from its patients about their visit. A contractor, selected by the Air Force Surgeon General, will be contacting patients who are enrolled at the Family Practice Clinic and asking them six simple questions regarding their encounter. The contractor will only contact patients between 5:30 and 8 p.m. Mondays through Fridays, excluding holidays.

This feedback will enable Medical Group leadership to assess the service and care provided. The contractor does not have access to any personal medical information nor will patients be requested to provide that information.

This six-month program began Sept. 23 and may be extended and expanded to include other clinics and services within the Medical Group.

For more information, call the Medical Group's Patient Advocate, 1st Lt. Reginald L. Sennie, at 747-5316 or

the Family Practice Clinic's Patient Advocate, Capt. Brad Weast, at 747-4733.

### New York ANG

The 109th Airlift Wing, in Scotia NY, home of the C-130 ski-birds, has Traditional Guard vacancies in the following career fields: 1A2X1, 1C0X2, 1C3X1, 1N0X1, 2A5X1, 2A5X3, 2A6X1, 2A6X2, 2A6X4, 2A6X5, 2A6X6, 2A7X1, 2A7X3, 2E1X3, 2E6X3, 2F0X1, 2S0X1, 2T0X1, 2T251, 3E0X1, 3E3X1, 3E4X1, 3E7X1, 3E9X1, 3M0X1, 3P0X1, 4A0X1, 4A1X1, 4A2X1, 4DX1, 4N0X1, 4R0X1, 4P0X1, and 4T0X1. For more information, call DSN 344-2456 or 1-800-524-5070, or e-mail Wesley.Ryerson@nyscot.ang.af.mil.

### Snow removal

The new contractor responsible for removing snow from base streets and parking lots is Schmitz, Inc. Anyone with questions or concerns can call the snow removal hotline at 594-8985. For unresolved problems, call the quality assurance evaluator, Tech. Sgt. Ken Bowlin, at 747-5821 or 739-2581.

The contractor is not responsible for clearing snow from windrows and individual driveway entrances. They also have up to 72 hours following a snowfall to clear all streets and 96 hours to clear all parking lots, dependant on their priority.





*Photo by Master Sgt. Anthony Lambert*

**Airman 1st Class Leonard McCall and Staff Sgt. Anthony Nixon, Headquarters Air Mobility Command Elite Guard, unfurl the 18th Air Force flag during Wednesday's reactivation ceremony at Scott Air Force Base, Ill.**

# AMC reactivates 18th Air Force

**By Cynthia Bauer**  
Air Mobility Command Public Affairs

SCOTT AIR FORCE BASE, Ill. (AMCNS) - The first major change in the Air Force's organizational structure in more than a decade occurred here Wednesday. During a formal ceremony, Air Mobility Command reactivated the 18th Air Force at Scott AFB, Ill., to lead the command's global airlift, air refueling and aeromedical evacuation operations.

The morning also saw the redesignation of AMC's two numbered air forces, 15th Air Force, Travis AFB, Calif., and 21st Air Force, McGuire AFB, N.J., as expeditionary mobility task forces.

Gen. John W. Handy, commander of U.S. Transportation Command and AMC addressed his active duty, Reserve and Guard commanders in formation on the Scott parade field, as well as members of his staff, the Scott community and local civic leaders.

"What an historic day we're gathered here to witness, as Air Mobility Command makes perhaps the most dramatic transformation of its rich and incredible history," said General Handy

He said the reactivation of the 18th AF and redesignation of the 15th and 21st EMTFs represents AMC's ability to present forces anywhere in the world, a world he called much smaller than the one we lived in five or 10 years ago. He said life dramatically changed for all Americans on Sept. 11, 2001.

"The world is no longer one of simple challenges," the general said. "The world is a complicated place . . . Our current Global War on Terrorism presents remarkable challenges to this command. It started on that tragic day and continues around the world today."

Maj. Gen. William Essex accepted the standard for the 18th AF from General Handy. He will serve as the organization's interim leader until a permanent commander is nominated for promotion to lieutenant general by the president and approved by Congress.

In his comments, General Essex focused on the 18th AF motto, "Expedite!"

"It means 'with dispatch,' or 'accomplish with speed or efficiency.' What motto could be more fitting for Air

**— See Reactivation, Page 6**

# New ribbon recognizes deployed members

**By Master Sgt. Randy L. Mitchell**  
AFPC Public Affairs

**AIR FORCE PERSONNEL CENTER** -- Secretary of the Air Force Dr. James Roche has approved award of the Air Force Expeditionary Service Ribbon to recognize service members support of air expeditionary force deployments.

The AFESR will be awarded to Air Force active-duty, Reserve and Guard people who completed a contingency deployment after Oct. 1, 1999, according to officials.

“Deployed status is defined as either deployment on contingency, exercise, deployment orders or members sourced in direct support, in-theater or out, of expeditionary operations with an overnight [stay] away from home station,” said Tech. Sgt. Jeffrey Simmons, superintendent of the awards and decorations section here.

To qualify for the award, individuals must have deployed for 45 consecutive days, or 90 non-consecutive days, in a deployed status.

“Any contingency deployment qualifies regardless of the duty, destination or location of the temporary duty -- including those within the continental United States,” Sergeant Simmons said.

There is also no time limit to accumulate the 90 non-consecutive days.

“People will continue accumulating contingency TDY days until they reach 90 days,” he said. “Every consecutive 45 days, regardless of TDY length, counts toward an additional ribbon. For example, 90 consecutive days of TDY qualifies an individual for two AFESRs; 180 consecutive days qualifies him or her for four ribbons.”

Permanent party people overseas are not eligible for the ribbon, unless they are forward deployed on a contingency deployment, according to Sergeant Simmons. People deployed on an overseas short tour may receive both the AFESR and the Overseas Short Tour Ribbon, providing they meet the requirements for both, he added.

According to Sergeant Simmons, to receive the award the individual should report to his or her serving military personnel flight once they return from deployment to validate entitlement to the ribbon. The individual must present a copy of their deployment orders and completed travel voucher; any citations or certificates received while deployed may also help prove entitlement.

For more information, call the MPF customer service at 747-4902.

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## – REACTIVATION, from Page 5

Mobility Command’s reactivated 18th Air Force. It describes the very nature of our business and the attitude of every person connected to the 12 wings, two expeditionary mobility task forces, three separate groups and . . . our Tanker Airlift Control Center.”

General Essex said the men and women of the organizations now in the 18th AF have shown the world that “AMC does everything with speed and efficiency. These same men and women will now set even higher standards in a leaner, transformed organizational structure.”

The 18th AF is charged with tasking and executing all air mobility missions.

All AMC wings and groups based in the continental United States report to the 18th Air Force.

The 15th and 21st EMTFs serve as lead agencies for conducting mobility operations worldwide, including air refueling, airlift, aeromedical evacuation and base opening. They are key to the execution phase of warfighting. Brig. Gen. Richard Perraut commands the 15th EMTF; Brig. Gen. Kurt Cichowski commands the 21st EMTF.

The Tanker Airlift Control Center, located at Scott AFB, also reports to the 18th Air Force and serves as the organization’s air operations hub, planning and directing tanker and transport aircraft operations around the world. Brig. Gen. Paul Selva is the TACC commander.

# Private organizations promote community morale

**Mr. Tom Rector**

319th Services Squadron

Private organizations are an unofficial but important and effective way to promote high morale and esprit de corps among personnel. When developed properly and run efficiently, they are a benefit to DoD personnel and their families. Two examples of the many private organizations doing great things for our community are the enlisted and officers' spouses' clubs. They provide invaluable community service through scholarship funds, thrift shop operations and a myriad of other activities.

Most squadrons have coffee funds, flower funds, booster clubs, or other small operations, which are examples of unofficial organizations or activities. Legal or proper private organizations are self-sustaining special interest groups that are set up by people acting outside the scope of any official position they may hold in the Federal Government. More specifically, when an organization or activity conducting on-base operations, has monthly assets averaging greater than \$1,000 over a three-month period, the organization or activity must become an official private organization or discontinue on-base operations.

There has been confusion on private organization resale operations. Air Force regulations are very specific in not allowing private organizations, as well as unofficial organizations, to engage in frequent or continuous resale activities. That does not mean either of these types of groups can't have a fund raiser. Occasional fund raisers like bake sales, food sales, and sports tournaments can be approved by the Mission Support Group commander.

The Mission Support Group commander will make sure the fund raisers are not competing with, or jeopardizing, services or operations provided by AAFES or Services. The funds generated at Services and AAFES activities are returned directly to the Grand Forks AFB community in the form of facilities and services for community support. By offering competing activi-



*Photos by Staff Sgt. Scott T. Sturkol*

**Mary Bucher, Enlisted Spouses' Club, sets down pies for cooling during an ESC fundraiser last year. The ESC is one of many private organizations on base.**

ty, over a period of time, private organizations can make an impact on the ability of Services and AAFES to provide quality opportunities to our community.

Private organizations may accept gifts and donations. However, representatives of the organization must not solicit gifts or donations on-base. Off-base solicitations must clearly indicate that they are for a private organization and are not associated with Grand Forks AFB nor any official part of the Air Force or federal government.

To become an official private organization, the activity or organization must complete and coordinate a written constitution and bylaws. Guidance for what these documents must include is found in AFI 34-223 and the Private Organization Guide (available at [www.gf-services.com/svsweb/po11.htm](http://www.gf-services.com/svsweb/po11.htm)). The PO Guide contains a sample constitution, bylaws and financial statements. Although the samples may not be entirely inclusive of all provisions of your PO, it is a good first step. For more information concerning fundraisers, unofficial activities, and private organizations, contact Services at 747-6992.

There will be a general meeting of all Private Organizations and Special interest groups this month. Watch The Leader and the Admin Messages for dates and time.



## Base chapel

### CATHOLIC:

**Mass:** 5 p.m. Saturday, 9 a.m. Sunday, Sunflower Chapel.

**Weekday mass:** Cancelled until Sept. 29.

**Reconciliation:** 4:30 to 4:45 p.m. Saturday, or by appointment, Sunflower Chapel.

**CCD:** Registration begins August 9 and 10 for kids ages 3 as of 31 Aug. Adult Ed. RCIA and Sacramental Programs. Call Mrs. Jane Hutzol at 747-3073.

### PROTESTANT:

**Traditional worship:** 10:30 a.m. Sunday, Sunflower Chapel.

**Contemporary worship:** 6 p.m. Sunday, Prairie Rose Chapel.

**Religious education:** 9 a.m. Sunday, Eielson Elementary School.

**Young adults:** 6 p.m. Friday, Chaplain Swain's home, 747-4359.

**Men of the Chapel bible study:** Noon Monday, Prairie Rose Chapel conference room.

### JEWISH:

For details, call Synagogue B'nai Israel, 775-5124.

### RUSSIAN/EASTERN ORTHODOX:

For details, call Dr. Levitov at 780-6540.

### MUSLIM, BUDDHIST, OTHER:

For details, call 747-5673.



## Base theater

**Today, 7 p.m.**

***S.W.A.T (PG-13)***

*In need of good press, the higher-ups call in SWAT expert Hondo Harrelson (Samuel L. Jackson) to put together an elite team that can bring some luster back to the badge. He chooses Street, veteran T.J. (Josh Charles), and tough single mother Chris Sanchez (Michelle Rodriguez). Their first big assignment involves transporting an international criminal (Olivier Martinez) to federal authorities.*

**Saturday, 7 p.m.**

***Freddy vs. Jason (R)***

*Freddy devises a plan to manipulate Jason into continuing his work, hacking up the teenagers of Elm Street. All goes well at first until Jason realizes he's been duped by "the dream master". Coaxed by surviving teenagers Will (Jason Ritter), Lori (Monica Keena), and Kia (Destiny's Child's Kelly Rowland), Jason and Freddy descend upon Crystal Lake for a mano a mano battle royal.*

**Oct 10, 7 p.m.**

***Seabiscuit (PG-13)***

**Oct 11, 7 p.m.**

***Open Range (R)***

# Buckle up

# Assure future by

# securing it today



# CFC

## Start giving Monday

By 2nd Lt. Ashley Gee  
Public Affairs

The 2003 Combined Federal Campaign will run from Monday to Nov. 14. The theme for this year is “What Matters.”

The CFC is the single unified annual campaign for all federal employees. It is run every year with the help of various organizations including the local United Way and volunteers from each unit stationed here at Grand Forks AFB.

The CFC is the only federally sanctioned solicitation for charity allowed on base. It allows each Air Force member and civilian employee the opportunity to contribute to a broad spectrum of national and local charity organizations and foundations.

Squadron CFC representatives will distribute a complete listing of charities to all Grand Forks AFB employees beginning Monday. The same representatives will also collect all donations

and answer any questions.

Donations can be made either by monthly payroll deduction or by a single cash or check payment.

The base CFC POC's are Capt. Phil Morrison of the 906th Air Refueling Squadron at 747-4551 and 2nd Lt. Aaron Sayler, 319th Operations Support Squadron, at 747-4139.

The local United Way of the greater Grand Forks area has been selected as the Principal Combined Fund Organization. They provide the local administrative support for the campaign. Local agencies are reviewed and accepted by the Local Federal Coordinating Committee and only then are they added to the campaign.

This year's established goal is \$86,472. CFC makes it possible for each of us to show our support for our chosen charities. Please take advantage of this opportunity and give to the CFC and the charities that support us every day.

## Community Safety Night

Compiled from staff reports

The fire prevention office will once again sponsor a community safety night to grow community awareness in fire, crime, family safety, and health issues. The festivities will start at 6 p.m. Thursday at the youth center. Parents can make it their family bike ride or evening out. There is no charge for community safety night.

Sparky the Fire Dog will greet children of all ages.

The family support center personnel will also be present.

The health and wellness center will provide information on a wide range of health and wellness activities. Red Cross volunteers will provide information on skills enhancement training and disaster preparedness for families.

The fire prevention office will offer

children the opportunity to go through the E.D.I.T.H. (Exit Drills in the Home) house and learn life-saving skills, as well as fire extinguisher training.

The safety office will have their “fatal vision” goggles on-hand and share their expertise on a wide-range of personal safety issues. Chapel members will provide information on a wide variety of religious programs open to everyone on base.

Questions about radon and carbon monoxide gas will be answered by the experts from bio-environmental engineering. Family advocacy will also have a representative on hand to answer questions.

McGruff the Crime Dog will represent the crime prevention office, and teach children about Operation ID.

For more information call the fire prevention office at 747-4174.

# Fire Safety: not just for kids

**Mr. Jay Evett**

Acting Assitant Chief Fire Preventions

Your fire prevention office is inviting you to participate in National Fire Prevention Week, Oct. 6 to 11, by coming out to see Sparky the Fire Dog and the rest of the team. We will be at various locations throughout the base promoting fire safety, handing out small trinkets and answering any questions you may have. We are anxious to see the whole family.

This year we would like to place a little extra emphasis on the base residents, both housing and the dormitories. Fire safety isn't just for the kids. Thanks to you, the base has an awesome fire record, when you consider that we have not had a house fire since 1999. As a matter of fact, this October marks our fourth year without any Air Force dollar loss to fire in all of housing.

A fire in a home is devastating, it displaces a family and destroys personal property or worse case ends a life. A fire in the dormitory is just as devastating and can displace several personnel from their quarters. Fortunately the dorms are protected with several fire safety features that are not found in most homes. Items such as a fire suppression or sprinkler system, emergency "EXIT" lights, emergency lighting, and fire doors on every occupant's room and every opening to the stairs. Also the dorms have a fire suppression system above the range in the kitchen and extinguishers throughout the facility. All in all, the dorms are a very safe place to live. The Fire Prevention team asks you all to keep up the vigilance that you've displayed and keep fire safety in mind.



*Photo by Staff Sgt. Darcie Ibdapo*

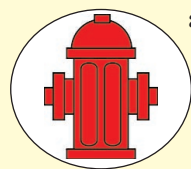
**Col. Mark Ramsay, 319th Air Refueling Wing Commander, Sparky the Fire Dog, Mr. Jay Evett, Acting Assitant Chief of Fire Prevention, and Staff Sgt. Javier Cavillo, Fire Inspector, pose after Col. Ramsay signed the official proclamation that kicks off National Fire Prevention Week, Oct. 6 - 11.**



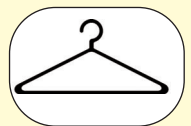
# Sparky's Quick Fire Prevention

► If you smell natural gas, do not use electrical items.

Leave the house right away and call 911 from a safe area.

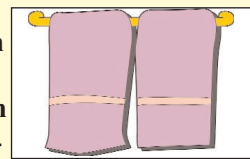


► Never park your vehicles within 10 feet of a fire hydrant. It could hamper Fire Department responses.



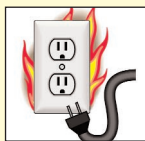
► Test your smoke detectors once a month. If they don't work, call 594-9798 (housing maintenance) immediately.

► Do not hang items from the gas lines in your basement. It may cause the lines to weaken and leak natural gas.



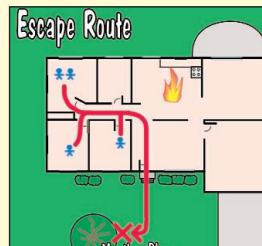
► Keep all items away from the stove that could catch fire, such as towels, clothing and curtains.

► "Put a lid" on fires, by using a cover, cookie sheet or other item that will prevent oxygen from getting to the fire.



► Avoid overloading electrical outlets and running cords under carpet and furniture.

► Never smoke in bed, keep matches and lighters away from children. Remember, all fires must be reported.



► Plan and practice a fire escape plan route from every room, identify a place outside to meet in case of fire.

# Fire Prevention Week

## Awareness keeps base residents safe



Photo By Airman Patrice Clarke

(Right) To put out a fire on the stove, Acting Assistant Chief of Fire Prevention, Mr. Jay Evett suggests keeping a lid close by while cooking to quickly extinguish the flames. (Below) Airman 1st Class William Fry, and the rest of the fire fighters inspect their vehicles and equipment daily, despite the low fire activity on base. (Far Right) Fire Prevention Week is in place so your house doesn't end up like this one.



Photo By Airman Patrice Clarke

By Airman Patrice Clarke  
Public Affairs

Grand Forks Air Force Base has an outstanding record when it comes to fire prevention. The last house fire that resulted in a monetary loss to the Air Force was four years ago. Apparently whatever Mr. Jay Evett, the assistant chief of fire prevention, and the rest of the fire fighters here are doing is working. "A record like that just doesn't come from the firefighters. It comes from the residents being so conscientious about fire prevention," said Mr. Evett.

Just because Grand Forks has such a great record doesn't mean that fire prevention stops. The record shows that the residents need to keep up the good work and continue what they have been doing. Most of the dormitory residents don't notice the things that the dorms offer to protect residents in the case of a fire.

One of the main things the dorms have to protect residents in case of fire is fire doors. "Each room in all of the dorms are equipped with fire doors," said Mr. Evett. "What makes these doors fire doors are their ability to close on their own. What some dorm residents do is disconnect the closure device on the door so it doesn't automatically close which defeats the purpose of the fire door," he said.

Fire prevention in the dorms does not stop there. All of the rooms are equipped with smoke detectors and a sprinkler system. The smoke detectors and the sprinkler system are all linked together. If one smoke detector is activated then the building audio/visual warning devices are activated, alerting all the residents in the building to evacuate. Also, if any detector in the dorm sounds, it sends a signal to the fire station alerting them of an emergency situation.

There are fire extinguishers on every floor and in the kitchens. The extinguishers are checked every month and then serviced every year.

The dormitory kitchens have an added safety measure. Along with the fire alarms, smoke detectors, and sprinkler systems found throughout the dormitory the dorm kitchens have an additional suppression system under the exhaust hood over the oven.

Family housing also boasts some fire prevention tools. Every house has a fire extinguishers in the unit.

"The base is in the process of upgrading family housing, some of the amenities in the newer/remodeled housing units include additional smoke detection and better fire barriers between the units," said Mr. Evett.

The new units all have egress windows in the basement as opposed to the regular smaller basement windows.

"With these new windows, in the case of a fire or emergency residents can actually escape through the windows," said Mr. Evett.

Housing has a built-in fire wall between the actual housing units and the garage units. "This fire wall is in place in case a fire starts in the garage. With the extra thick wall it would take approximately one to four hours for the fire to penetrate," he said.

Like the dormitories, new family housing has a smoke detector on every level of the unit and in every sleeping room.

"All of the smoke detectors and fire alarms in the house are all connected. If one alarm activates, then all of the alarms in the house will sound," said Mr. Evett.

A record of no Air Force dollar loss due to fires in family housing in the last four years says a lot about the base and the residents.

Mr. Evett said, "residents just need to keep up the good work and remember fire safety everywhere they go."

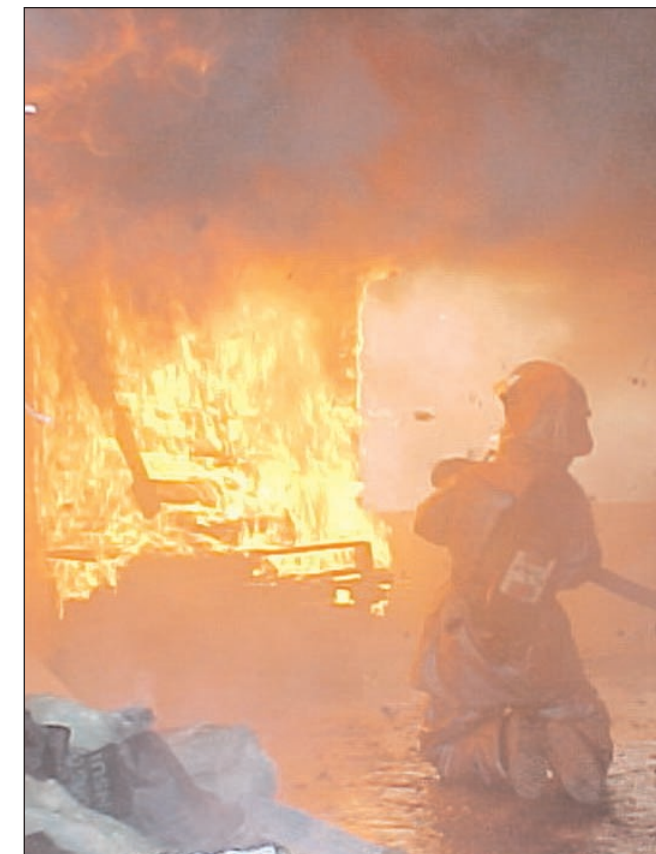
The best thing for residents to do is just be safe and cautious of their surroundings and activities said Mr. Evett.

"When it comes to fire prevention the message doesn't change. Just do the same thing you have been doing in the past and take in mind the extra things put there to help residents," he said.



Photo By Airman 1st Class Anthony Williams

Emergency fire systems are one of the many amenities the dorms boast concerning fire safety



File Photo

## Fire Prevention Week 2003

The base fire prevention office is once again participating in National Fire Prevention Week – Monday through Oct. 11. This year's activities will offer something for everyone.

► **Monday** – Sparky the Fire Dog will make appearances throughout the base, followed by a fire department open house from 4 to 7 p.m. at the base fire station. Pictures with Sparky the Fire Dog are encouraged!

► **Tuesday** – members of the base fire department and Sparky will visit pre-school through second grade classes at Eielson Elementary School.

► **Wednesday** – People will be able to visit with fire inspectors at the base exchange from 10 a.m. to 2 p.m..

► **Thursday morning and afternoon** – Your fire prevention team will visit the various day-care facilities and homes.

► **Thursday evening** – The base community is invited to attend the annual Community Safety Night festivities 6 to 8 p.m. at the youth center. In response to a growing community awareness in fire, crime, family safety, and health issues, a special evening has been set aside.

► Customers shopping at the commissary from 10 a.m. to 2 p.m. on **Oct. 10** will be able to visit with fire inspectors and discuss ways of preventing home cooking fires.

► **Saturday** wraps up Fire Prevention Week with a booth display at Columbia Mall in Grand Forks from 11 a.m. to 5 p.m.

For details on Fire Prevention Week activities, call Jay Evett at 747-4174.

Clip this coupon and bring it to the Fire Prevention booth at Community Safety Night. Each family will receive one FREE home emergency flashlight!



Community Safety Night is 6 to 8 p.m. Thursday at the youth center.



# Thirty-three years of service before self

**By Senior Airman Jathzed Fabara**  
Public Affairs

It's 7 a.m. and it's possible that you've seen a man jogging to and from the base in the middle of winter and during the humid months of summer. Some may ask why or who would ever jog to work in those conditions.

Well, what you don't know is that this "running man" has been an essential part

of the base Community Activity Center for the past three years. After 33 years of civilian service to the military and its children, Jim W. Bridges, C.A.C. recreation spe-

cialist and community center director, has been a shining example of what the Air Force core value "service before self" means from the beginning of his career all the way up to his retirement.

Jim was born in Atlanta on Feb. 3, 1938 and is the oldest of five siblings. As the son of a preacher, Jim said that his parents, Rev. Charles W. and Agnes S. Bridges, were important role models in molding him into who he is now.

Jim said he has also had time to travel far beyond what he could ever imagine, while working for the military. Singing and competing in his favorite sport, marathon running, were additional activities he's participated in.

Jim began working with the arts and crafts shops and with kids on military installations, such as Camp St. Barbara, Korea in 1969. From there his second assignment took him to Camp Stanley, Korea. His last assignment in Korea included going to Camp Red Cloud. In total, he worked in Korea for 30 years.

During his time in Korea, Jim said his interest in running emerged when an executive officer at the Army camp encouraged him to start with early morning runs. After that, he said he competed in his first ever Law Day run in 1983.

"I won first place and ever since then I started running in my age group," said Jim.

It's been 20 years now that Jim has

been competing in various marathons like the Peachtree run in Georgia and the Air Force marathons held every year.

Upon returning to Atlanta, Jim said he looks forward to running a lot more, especially in the 2003 Thanksgiving run that they have there.

After 30 years in Korea, Jim said he was sent to Grand Forks Air Force Base by recommendation.

During his time here, his interest in helping the youth of the base community was seen and acknowledged.

**"I feel that children are important, because they are the future and they are the leaders of tomorrow."**

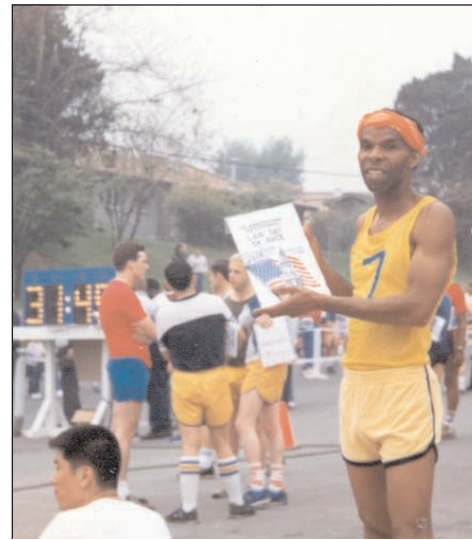
**-Jim W. Bridges**  
Community Center Director

"I feel that children are important, because they are the future and they are the

leaders of tomorrow," said Jim.

Three years later, Jim said that he feels God has blessed him with the ability to continue working at his age and feels God has other plans for him in Georgia.

As for Jim's experiences with traveling, he said he's been fortunate enough



*Courtesy photos*

**Jim Bridges holds up a runner's completion certificate during the 1983 Law Day 5K Run in Korea.**

to travel to Australia, China, Tibet, Singapore, Indonesia, Hong Kong, Guam, and several other places in Korea.

When asked for any final words for those newly-arrived people at the base.

Jim said, "make the best of what you have, live life to the fullest, and give thanks with a grateful heart, so you can find joy (in your life)."



*Courtesy photos*

**Jim Bridges gets the local kids involved with fun activities at the Arts and Crafts Shop in Camp Stanley, Korea.**



# Community

## Today

**OKTOBERFEST:** The Northern Lights Club is hosting Oktoberfest from 5:30 to 8 p.m. There will be food, drinks and music. The cost is \$13.50 for adults and \$9.50 for children. Members First will get a \$3 discount.

**SKILLS CLASSES:** The Skills Development Center is offering classes. Please pre-register for the following classes at the SDC.

Backpack Beginning Sewing - Monday from 1 to 3 p.m. The cost is \$7.50 plus supplies.

Rubber Stamping Classes - Tuesday and October 22 from 1 to 3 p.m. The cost is \$19.50 plus supplies.

Beaded Spider Web Quilting - Wednesday from 1 to 4 p.m. Cost is \$7.50 plus supplies.

## Saturday

**CLUB KARAOKE:** The Northern Lights Club offers Karaoke from 10 p.m. to 3 a.m.

**CLUB DANCING:** The Northern Lights Club offers dancing rom 10 p.m. to 3 a.m. to ‘club mix’ music with “DJ ‘C.’”

**YOUTH GALAXY BOWLING:** Register at the youth center for galaxy bowling at Dakota Lanes for ages 9 to 12 from 6 to 8 p.m. and ages 13 to 15 from 8 to 10 p.m.

## Sunday

**SUNDAY BRUNCH:** The Northern Lights Club offers Sunday brunch October from 10:30 am to 1:30 pm. The cost is \$9.95 for adults, \$5.95 for children 12 to 5 free for 5 and younger.

## Monday

**BASKETBALL COACHES CERTIFICATION & TRAINING:** Today and Wednesday is Basketball Coaches Certification and Training for all volunteers interested in coaching basketball. Certification will be at 5:30 p.m. at the Youth Center and takes one and a half to two hours. Coaches are needed for all ages groups. For details, call the Youth Center, 747-3150

## Tuesday

**TORCH CLUB MEETING:** Torch Club Meetings are from 6 to 7 p.m. at the Youth Center. Torch Clubs are small group clubs offering service and leadership opportunities to young people ages 11 to 13.

**KEYSTONE CLUB MEETING:** Keystone Club meetings are Tuesdays from 7 to 8 p.m. at the Youth Center. Keystone Clubs are for Boys and Girls Club members ages 14 to 18.

## Wednesday

**CLUB DINING:** The Northern Lights Club is offering the Frontier Grill menu from 5:30 to 8 p.m. Participants get a free desert with the purchase of an entree.

**PAJAMA PARTY:** This is a free event held in conjunction with "Community Safety Night" hosted by the GFAFB Fire Prevention Office. Parents, educators, business and community leaders are invited to join base youth at the Before & After School's Pajama Party held today from 6 to 8 p.m. Come dressed in your pajama's for some bedtime stories, hot chocolate and cookies. The Youth Center's Fine Arts Program will be displaying their creative Safety Posters.

## Thursday

**CLUB DINING:** The Northern Lights Club offers steak night every Thursday from 5:30 to 8 p.m. Choose from:  
12 oz. Rib eye - \$12.95  
8 oz. Sirloin - \$10.50  
20 oz. - \$13.75  
There will also be an 8 oz. charbroiled chicken for \$9.50 offered for those who do not want steak. In addition, a children's menu will be available.

## Upcoming

**COMEDY NIGHT:** Tickets are now on sale for the Northern Lights Club “Comedy Night” October 11 with Bob Zany. There will be two shows, 7 and 9:30 p.m. Tickets are \$12.

**MEMBERS FIRST DISCOUNT:** Club Members the “Members First” discount has increased Lunch is \$2 off, dinner is \$3 off and Sunday brunch is \$3 off.

**NEW PASTA BAR:** The Northern Lights Club is offering a “Pasta Bar” along with the day's hot entree during lunch from 11 a.m. to 1 p.m.

**HALLOWEEN CARNIVAL & HAUNTED HOUSE:** Advanced tickets for the Youth Program's Annual Halloween Carnival and Haunted House are on sale through October 18. Tickets are five for \$1. Tickets at the door will be four for \$1. Tickets are needed to play the game booths, enter the Haunted House and to purchase food. The Carnival is October 24 from 6 to 9 p.m. and October 25 from 2 to 5 p.m. at Liberty Square. Pick up tickets at the Youth Center.

**BASKETBALL REGISTRATION:** Oct. 1 - 15 is basketball registration for ages five and up. Cost is \$30. Practice begins Oct. 28 and ends Dec. 18. Youth must have a current physical and a parent must complete a Sports Registration form at the Youth Center.

# HAWC demonstration captures senses

By 2nd Lt. Ashley Gee  
Public Affairs

The tantalizing aroma was engulfing as you walked through the doors of the Fitness Center. It was the kind of smell that grabs your senses and makes your mouth water.

What could produce such a smell? Where was it coming from? It must be something sinfully unhealthy to smell so good, right? On the contrary, this food was the ideal of healthy nutrition and all part of the Health and Wellness Center's five-a-day healthy cooking demonstration.

If you just followed your nose, it would have taken you to the HAWC, which is equipped with a kitchen and dining area. Staff Sgt. Shaleika Anderson and Mrs. Lillian Newton prepared a meal fit for a king that was

devoured by 12 air force members. The focus of this cooking demonstration was to get people into the mindset of eating five servings of fruits and vegetables a day. To promote this idea, the menu included salad with a homemade ranch dressing, autumn harvest soup, black bean stir-fry and, for desert, a lemon buttermilk loaf. The stir-fry was completely vegetables. The soup included ingredients such as sausage, cabbage and rub sage. To enhance the nutritional value of the lemon buttermilk loaf and the ranch dressing, fat-free buttermilk was used along with other low-fat items.

"We want to show people a good and tasty way to get their fruit and vegetable servings each day," said Sgt. Anderson. Mrs. Newton and Sgt. Anderson were wonderful hosts and cooks. They also provided a good message about the importance of healthy eating.



*Photos by 2nd Lt. Ashley Gee*

**(Bottom) Staff Sgt. Shaleika Anderson whips up a vegetable stir fry at the HAWC cooking demonstration. (Top Right) Sgt. Anderson and Lillian Newton make the punch which was also promoted the healthy eating theme.**



# Varsity soccer team wins season opener

By Senior Airman Jathzed Fabara  
Public affairs

The Grand Forks AFB Warriors are no strangers to the best soccer competition that the area has to offer. Between the Prairie Rose state tournament in Bismarck, N.D., and regional invitational matches in Minot, N.D., and Manitoba, Canada, the Warriors’ indoor soccer team has faced numerous area opponents with mixed success.

However, it seems the team has taken a turn for the better, after winning their first game in their 2003 Fargo Park District Fall Men’s Open. The first opponent the Warriors faced was Fargo’s “Little Feat,” a team that beat them both times they competed last year.

Testing a new goal keeper after months of searching, the Warriors found a goal stopper in Pablo Beckman. Despite the five goals scored against the Warriors, the results would have been much different if Beckman had not stopped dozens of shots attempted.

“(Beckman) was a wild man, fearlessly challenging every shot,” said defender Roy Arndt.

Team defense also helped Beckman to clear out the loose balls and ensure goal opportunities were few and far between. The defense was anchored by sweeper Pete Emerton and defensive-midfielder Angle Anglo-Calle and backed by substitutes Andres Dominguez and Blake Powell when the defense needed the extra lift.

“With defense taking care of things in the back, we were able to send our forwards to concentrate on the attack,” said Arndt. “Their ability to find the back of the net was something we were lacking earlier in the year.”

And score they did as forwards Brian Bauer and Carlos Pinedaflores combined for four goals, while midfielder Rob Lazaro added two more, and a final goal was scored by Emerton ending Little Feat's come back hopes in the closing minutes of the game.



File photo

**Carlos Pinedaflores goes airborne to stop a shot during indoor soccer practice at the fieldhouse.**

“I think we have a really solid nucleus this season,” said Rob Lazaro, GFAFB varsity soccer coach. “Even with deployments, we have backup players who are ready to step in so that we don’t miss a beat.”

The varsity soccer team finished second to last place during last year's indoor season. Players admitted that conditioning was a problem last year, as the non-stop play of indoor soccer quickly eroded the quality of the team play. However, with the increased tournaments

and friendly matches scheduled this year, the team has improved their conditioning and team play to a competitive edge this year.

There are a total of seven teams in the men’s open division along with the GF Warriors. Their next match will be against another Fargo-based team Manchester United at 7 p.m. at the Metro Rec Complex in Fargo, N.D.



Photo by Airman Patrice Clarke

## No daylight?

Jason Jones from CES Team A looks for running room against AMXS during Tuesday’s intramural flag football action. In the end CE won the game 26 - 12